

To avoid stiles see alternative directions for steps 1-4 overleaf

1 From the Crown & Anchor pub car park turn left onto the road heading towards Buttermere. Immediately on the left is the 16th century Rose Cottage with its later well-winding gear outside it. Twenty metres further on turn right along Church Lane. Thirty metres further on there is a public bridleway sign to the right. Turn right through the gate marked Humphrey's gate, unless you decide to view the church, after which visit return to the gate.

2 Cross to the gate on the far side of the field and turn right onto the track known as Field Lane. After about 70m you reach the tarred road into Ham. Take care crossing the road to the stile immediately opposite.

3 Cross the stile and continue slightly right on a less distinct path (to the right of the farm track that runs diagonally across the field) 100m to another stile. Cross the stile and enter the beautiful wooded grounds of the 17th century Old Rectory. The rectory was sold by the church in 1933 and is a private residence. Follow the path skirting to the left of the pond ahead of you and stay on the path to the left, until it meets another stile.

4 Cross the stile and the farm track ahead of you. Keeping the hedgerow on your left follow an indistinct path along the edge of the field and slightly downhill towards a pinewood and stile in the corner of the field at the right hand side of the wood.

5 Cross the stile and join a track, continuing to your left for about 300m across the valley floor. The fields to your right and left usually contain organic crops belonging to Doves Farm, often of ancient varieties of wheat. The beautiful song of skylarks can often be heard here and on the hillside ahead, with mixed grass strips especially left to encourage wildlife.

6 At the base of the hill the track turns left for about 50 m before rising quite steeply for a further 200m to the top of the hill from where there are wonderful views back across the valley towards the escarpment and Ham Hill. You might be lucky enough to see red kites or buzzard flying above.

7 Approaching the hedgerow at the top of the hill, follow the path to the left for about 40m to a gap in the hedge, joining the tarred lane to Prosperous Farm. Turn right along the lane. To the left, visible through gaps in the hedgerow in the valley below, can be seen the buildings of Doves Farm Mill, where organic and gluten free flour and related products are produced. Continue along the lane for about 400m until you reach on your left the metal gates to Prosperous Farm and to your right a gap in the hedgerow and footpath sign.

8 Continue straight ahead past the Prosperous Farm entrance as the lane changes from tar to a narrower dirt track between overgrown hedgerows along the bridle way known as Bitham Lane. After about 150m there is a gap in the right hand hedgerow and stake with a footpath marker to the right.

9 Turn right and follow the field edge, with a line of electricity poles and hedgerow on your right, to the bottom of the hill, where the path turns left for about 50m before continuing right through a gap in the hedgerow, now slightly uphill for a further 500m till you reach the tarred Spray Road.

10 Turn right to head back to the village passing after about 100m Acorn Cottages on your left, built in 1945 for estate workers of Wandsdyke Farms, as you make your way back to the Crown & Anchor pub.

